

Ethno-Medicine of Bhotia Tribes of Kumaun Himalaya, U.P.

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The present paper deals with the ethno-medico-botanical study of the Bhotia tribes of Kumaun Himalaya. Bhotias are the nomadic and seminomadic tribes of Kumaun and Garhwal Himalaya. They use a large number of herbs growing wild as well as cultivated. Ethno-medico-botanical survey was conducted during last three years in the Kumaun Himalaya and information on forty five rare and endangered plants and the mode of therapeutic uses, local names were gathered from the Bhotia medicineman 'Vaidhya' and other experienced tribals. This study has brought to light some interesting data on rare medicinal plants and the hidden knowledge of

Bhotia tribes for the utilisation in indigenous system of medicine.

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